



**PEMBREY**  
**SOLO PRACTICE**  
**P4 - THIRD SUNDAY SOLO PRACTICE**

**Start time: 09:36**

**Weather: Bright Track: Dry**

Rnk	Rider	Time	Gap	Speed	Lap
1	Arnie Shelton	1:02.81		83.45	6
2	Alex Jones	1:02.91	+0.10	83.31	7
3	Simon Bastable	1:05.15	+2.34	80.45	8
4	Aled Evans	1:05.28	+2.47	80.29	7
5	James Evans	1:05.35	+2.54	80.20	9
6	Adam Jeffery	1:05.47	+2.66	80.06	6
7	Tom Williams	1:05.69	+2.88	79.79	8
8	Russell Hynes	1:05.89	+3.08	79.55	6
9	Mark Anderson	1:05.90	+3.09	79.53	8
10	Rory Bamford	1:06.83	+4.02	78.43	7
11	James Griffiths	1:06.95	+4.14	78.29	8
12	1642394	1:06.98	+4.17	78.25	4
13	Michael Rees	1:07.44	+4.63	77.72	7
14	Liam Turberfield	1:07.47	+4.66	77.68	8
15	John Dudman	1:07.65	+4.84	77.48	8
16	Antony White	1:08.08	+5.27	76.99	8
17	Paul Dyer	1:08.75	+5.94	76.24	8
18	John Goulding	1:09.05	+6.24	75.91	8
19	Simon Wilkins	1:09.17	+6.36	75.77	5
20	Richard Leonard	1:09.56	+6.75	75.35	8
21	Gary Johnson	1:10.08	+7.27	74.79	5
22	Dan Hanby	1:11.35	+8.54	73.46	7
23	Jamie Gillon	1:11.79	+8.98	73.01	3
24	Matt Orford	1:11.82	+9.01	72.98	6
25	Simon Gates	1:11.99	+9.18	72.81	8
26	William Harrison	1:13.16	+10.35	71.64	7
27	Jamie Harrison	1:13.50	+10.69	71.31	6
28	Roger Davies	1:14.56	+11.75	70.30	6
29	James Harrington	1:14.75	+11.94	70.12	2
30	Gareth Sutton	1:15.32	+12.51	69.59	6
31	James Robinson	1:15.77	+12.96	69.17	4
32	Steven Foot	1:16.40	+13.59	68.60	4
33	Josh Singh	1:16.43	+13.62	68.58	8
34	Chris Evans	1:18.59	+15.78	66.69	8
35	Elfed Weaver	1:19.78	+16.97	65.70	8
36	Connor Swyer	1:25.51	+22.70	61.29	2
37	Kallam Swyer	1:27.98	+25.17	59.57	3

**IF YOU ARE ONLY IDENTIFIED BY YOUR TRANSPONDER NUMBER - PLEASE SEE DENISE IN THE RACE OFFICE**





# PEMBREY

## SOLO PRACTICE

### P4 - THIRD SUNDAY SOLO PRACTICE

#### LISTED IN ALPHABETICAL ORDER

Lap	Time
<b>1642394</b>	
START	
1	
2	1:06.98
3	1:07.16
4	2:37.74

Adam Jeffery	
Lap	Time
START	
1	
2	1:06.50
3	1:06.81
4	1:05.47
5	1:07.54
6	1:06.66

Aled Evans	
Lap	Time
START	
1	
2	1:09.86
3	1:07.73
4	1:10.85
5	1:05.28
6	1:05.69
7	1:05.28

Alex Jones	
Lap	Time
START	
1	
2	1:04.78
3	1:05.82
4	1:04.72
5	1:03.81
6	1:03.76
7	1:02.91

Antony White	
Lap	Time
START	
1	

Lap	Time
2	1:10.76
3	1:11.20
4	1:08.38
5	1:08.25
6	1:12.40
7	1:08.08
8	1:09.75

Arnie Shelton	
Lap	Time
START	
1	
2	1:07.25
3	1:04.14
4	1:03.39
5	1:03.08
6	1:02.81

Chris Evans	
Lap	Time
START	
1	
2	1:22.02
3	1:19.02
4	1:18.66
5	1:19.45
6	1:18.63
7	1:18.59
8	1:19.10

Connor Swyer	
Lap	Time
START	
1	
2	1:25.51

Dan Hanby	
Lap	Time
START	
1	
2	1:18.54
3	1:15.49
4	1:12.40
5	1:15.71

Lap	Time
6	1:13.31
7	1:11.35

Elfed Weaver	
Lap	Time
START	
1	
2	1:23.27
3	1:21.87
4	1:20.78
5	1:19.78
6	1:22.81
7	1:20.55
8	1:19.91

Gareth Sutton	
Lap	Time
START	
1	
2	1:23.10
3	1:18.08
4	1:16.60
5	1:15.32
6	1:16.08

Gary Johnson	
Lap	Time
START	
1	
2	1:20.22
3	1:11.62
4	1:10.08
5	1:11.08

James Evans	
Lap	Time
START	
1	
2	1:10.00
3	1:08.83
4	1:06.17
5	1:07.40
6	1:05.35
7	1:05.80



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LISTED IN ALPHABETICAL ORDER

Lap	Time
8	1:05.89
9	1:07.10

**James Griffiths**

START	
1	
2	1:20.07
3	1:16.21
4	1:09.35
5	1:07.97
6	1:09.14
7	1:09.92
8	1:06.95

**James Harrington**

START	
1	
2	1:14.75

**James Robinson**

START	
1	
2	1:20.10
3	1:15.77
4	1:18.08

**Jamie Gillon**

START	
1	
2	1:19.06
3	1:11.79

**Jamie Harrison**

START	
1	
2	1:14.48
3	1:15.99
4	1:15.78
5	1:13.50
6	1:16.85

**John Dudman**

START	
1	
2	1:12.77
3	1:09.88
4	1:08.19

Lap	Time
5	1:07.65
6	1:11.09
7	1:09.02
8	1:09.72

**John Goulding**

START	
1	
2	1:13.76
3	1:10.68
4	1:09.95
5	1:10.54
6	1:12.25
7	1:09.05
8	1:10.29

**Josh Singh**

START	
1	
2	1:22.67
3	1:20.76
4	1:21.41
5	1:19.74
6	1:19.82
7	1:16.86
8	1:16.43

**Kallam Swyer**

START	
1	
2	1:27.98
3	1:36.30

**Liam Turberfield**

START	
1	
2	1:13.09
3	1:09.42
4	1:10.76
5	1:11.54
6	1:09.15
7	1:07.94
8	1:07.47

**Mark Anderson**

START	
1	
2	1:12.54
3	1:11.55

Lap	Time
4	1:10.56
5	1:09.47
6	1:06.90
7	1:06.50
8	1:05.90

**Matt Orford**

START	
1	
2	1:16.00
3	1:13.49
4	1:12.43
5	1:11.82
6	1:12.31

**Michael Rees**

START	
1	
2	1:14.53
3	1:11.18
4	1:08.69
5	1:08.60
6	1:07.44
7	1:08.47

**Paul Dyer**

START	
1	
2	1:15.99
3	1:10.84
4	1:08.92
5	1:11.95
6	1:09.73
7	1:09.29
8	1:08.75

**Richard Leonard**

START	
1	
2	1:24.22
3	1:15.94
4	1:12.64
5	1:15.65
6	1:10.77
7	1:09.56
8	1:10.74

**Roger Davies**

START	
1	

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Lap	Time
1	
2	1:18.32
3	1:17.29
4	1:16.29
5	1:17.24
6	1:14.56

**Rory Bamford**

START	
1	
2	1:11.45
3	1:11.17
4	1:09.28
5	1:07.97
6	1:07.98
7	1:06.83

**Russell Hynes**

START	
1	
2	1:10.73
3	1:08.13
4	1:10.99
5	1:06.78
6	1:05.89

**Simon Bastable**

START	
1	
2	1:09.18
3	1:08.17
4	1:05.15
5	1:06.85
6	1:13.06
7	1:07.32
8	1:09.25

**Simon Gates**

START	
1	
2	1:18.39
3	1:12.69
4	1:12.50
5	1:12.19
6	1:13.37
7	1:11.99
8	1:13.00

**Simon Wilkins**

START	
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Lap	Time
1	
2	1:15.35
3	1:10.59
4	1:10.67
5	1:09.17

**Steven Foot**

START	
1	
2	1:17.30
3	1:19.40
4	1:16.40

**Tom Williams**

START	
1	
2	1:14.84
3	1:08.74
4	1:07.30
5	1:05.69
6	1:06.97
7	1:07.56
8	1:06.23

**William Harrison**

START	
1	
2	1:16.38
3	1:19.59
4	1:16.39
5	1:15.13
6	1:14.20
7	1:13.16